

15th OG holds on for upset win over 692nd ISR

Story and photo by Randy Dela Cruz

Sports Editor

The 15th Operations Group (15 OG) took a 2-1 lead into halftime and then held off the 692nd Intelligence, Surveillance and Reconnaissance Group (692 ISR) on May 4 to win their first game of the season in a Gold Division intramural soccer matchup at Earhart Field, Joint Base Pearl Harbor-Hickam.

Nicknamed the Allstars, the 15 OG got a goal from the foot of 1st Lt. James Hammelman just before intermission and then put the clamps on the 692 ISR to finally get into the winner's column at 1-6-1.

The 692 ISR, which entered the game in seventh place, fell below the .500 mark at 3-4-1.

"I think it helps when we're all in town," said 15 OG forward Senior Airman Jimmy Wilbourn about the team's first win. "We had a full team today with five subs. Last week with nine people total. Once we get together and work our chemistry like we did today, we're a good team.'

Early in the game, Wilbourn popped in the team's first goal of the day on a clean shot that got past two defenders before hitting the back of the net.

"Two of their (692 ISR) guys fell down and their goalie came out too early," Wilbourn said. "He came out too quick and once he did, I just put it in between their two guys."

The lead held up for most of the first half, but with just minutes remaining on the clock before the intermission, the 692 ISR got a huge break when Senior Airman Lothar Reeck sneaked past the 15 OG backfield and tipped in a shot

"I hit it in with my right foot," Reeck said. "The defender deflected it, it came back out and I just followed through."

With momentum shifted to the 692 ISR, the shot by Reeck seemed to put his team in a good position as the squads seemed destined to enter halftime in a deadlock.

never let your guard down in a like we are," he said.

close game, the 15 OG retook the advantage and, seemingly, the steam out of the 692's sail.

On the final run downfield before the break, Hammelman took a chance on a tough shot and made it pay off.

"That goal should have never gone in," Hammelman said about his unlikely goal. "I think their goalie assisted me more than I helped that shot go in the goal."

While the play occurred with a whole second half to be played, Reeck said that the shot sent his team into a tailspin.

"That was disappointing," Reeck admitted. "It just shouldn't have happened. I think both of their goals shouldn't have happened."

"Two of their (692 ISR) guys fell down and their goalie came out too early. He came out too quick and once he did, I just put it in between their two guys."

—Senior Airman Jimmy Wilbourn

Reeck acknowledged that even though his team tried to shift gears to close out the second half, nothing seemed to work.

"We tried different formations, but it kind of threw our rhythm off," he said. "It's back to the drawing board."

Wilbourn stated that a few adjustments to the team's defense seemed to be just enough to keep the 692 ISR off-balance, while teammate and goalkeeper 1st Lt. Christopher Bair said that he could see that their opponent was struggling.

"I think we were just keeping cool and slowing things down, Bair explained. "I think they were nervous and tried to push. They were getting frustrated."

With the season almost half over, Bair said that he didn't know if the 15 OG could still make the playoffs. But no matter what, he noted that the team will do its best for the rest of the season.

"I'm not sure if we're still eligi-However, proving that you can ble or not, but we're going to play



Three players from the 15th Operations Group (15 OG) Allstars get to the ball before a member of the 692nd Intelligence, Surveillance and Reconnaissance Group (692 ISR) during a Gold Division intramural soccer game.

38th annual Hickam Craft Fair features diverse items, activities

Emily McNulty

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation Marketing

More than 100 vendors and 3,000 patrons attended the spring craft fair May 4 at the Hickam Arts & Crafts Center.

"I love that everything is handmade. They have fun stuff for kids, and it gets really busy. I like that," said Cassie Nicole, a Marine spouse and owner of Lilly Shine Boutique, selling for the first time.

While browsing booths, patrons were treated to live

music by the band Island Sears, a Navy spouse.

The spring craft fair included several activities for kids, such as pony rides and free craft make 'n takes.

"This is my third time coming. I like the diversity of the products and being able to support locally," said Nicole Plad, an Air Force spouse. From clothes, lei, blankets and wooden signs, to jewelry and unique artwork, shoppers had a variety of items to choose from.

"I just moved here and this seemed like the perfect opportunity to get my name out, meet fellow crafters and sell my work," said Melissa

These thoughts were echoed

by Kristen Shell and Vanessa Freeman, co-owners of Paradise Bead Designs, also selling for the first time.

"I'm excited to sell our necklaces but also to browse all the other handmade booths. Our main goal was to get our brand out to more people," said Freeman, a Navy spouse.

"My staff and I look forward to our craft fairs. It's really great seeing all the handmade products and families having fun," said Donna Sommer, arts and crafts center manager.

The fall craft fair will be held



Beach wreaths created by Mary Jo Buell.



U.S. Navy photos by MC3 Diana Quinlan

Service members and their families attend the Hickam 38th Annual Spring Craft Fair at Joint Base Pearl Harbor-Hickam. The fair offered approximately 130 booths with unique, original and handmade arts and crafts for purchase, live music entertainment, pony rides and make-n-takes.



Marshmallow shooters sold at the 38th Scharrock, assigned to Joint Base Pearl



Machinist's Mate 1st Class Chris Harbor-Hickam, crafts a clay vase.

Pound Town gets back winning touch

Story and photo by Randy Dela Cruz

Sports Editor

A base-loaded double by Masterat-Arms 2nd Class William Bryan erased a 2-2 tie and helped 647th Security Forces Squadron (647 SFS) Pound Town go on to defeat the 15th Medical Group (15 MDG), 13-6, on May 2 in a White Division intramural softball game at Millican Field, Joint Base Pearl Harbor-Hickam.

After losing their first game of the season to Pearl City Peninsula a week ago, the win put Pound Town back on track and in a fiveway tie for first place in the White Division with a 3-1 record.

Meanwhile, 15 MDG, after wining their first two games of the season, saw their record fall to 2-1.

Bryan, who also did an excellent job of patrolling his position at shortstop, came up in the top of the second inning with two outs, bases loaded and the game knotted up at the gap that cleared the bases.

to light a fire under the Pound a single to give Pound Town a Town bats as the team followed commanding 10-3 lead. up Bryan's clutch hit with five more runs in the top of the third and three more in the fourth.

"I just wanted to get on base and make sure the runners scored, that's all," said Bryan about giving Pound Town a 5-2 advantage. ple of times and couldn't convert,"

Earlier in the game, Pound Town struck first with RBI singles off the bat of third baseman Tech. Sgt. Richard Learned and teammate Airman 1st Class Cory Prater to take a 2-0 lead.

In the bottom of the inning, the 15 MDG led off with a ground out to first, but came back to bang three singles in succession with Staff Sgt. Adam McDaniel coming up with the team's first RBI of the game.

Airman 1st Class Chris Bowlds followed up with another single to forge the 2-2 tie.

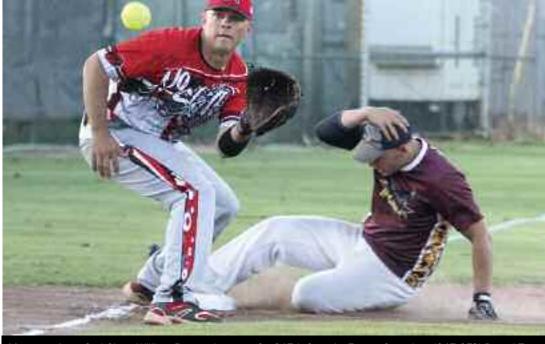
Although the game was still within reach of the 15 MDG after two innings, Pound Town exploded for five runs in the top of the third to gain some much needed breathing room.

Opening up the frame with a walk, Department of Defense civilian Eddie Silva got things rolling again for Pound Town by clubbing a triple to drive in the team's sixth run of the game.

Silva reached home on an error, 2-2 before driving a line shot into and after the team added two The two-base knock appeared Master Sgt. Sam Nelson smashed defeat. "That's the story of this to practice, keep working on see-

> The 15 MDG avoided a 10-run, fifth, but got shut out in the final frame for the seven-run loss.

"We got the bases loaded a cou-



Master-at-Arms 2nd Class William Bryan, shortstop for 647th Security Forces Squadron (647 SFS) Pound Town, slides safely into third base during a White Division softball game versus the 15th Medical Group (15 MDG).

more runs on sacrifice flies, said Bowlds about his team's first Bowlds pointed out. "We'll go out game. You just got to convert on those opportunities.'

Yet even after coming up short, mercy-rule defeat by scoring Bowlds said he was encouraged three times in the bottom of the by the way the 15 MDG performed against one of the top teams in the division.

"We had a lot of good plays and we did have some good hits," ing and hitting the ball, eliminate the errors and hopefully, we'll

keep on winning.' For Pound Town, which won their all two years ago, keeping up their legacy of excellence is going to be tough, said Bryan - especially after the team lost a few key players from past seasons.

Still, with the team slowly building up its manpower, Bryan said he wouldn't be surprised if the team makes another run at the hase crown

"I think we're on the right track," he said. "If we start playing with each other a little more, it will come around. We just want to be known as Pound Town and put the beating to everybody.'

Bushmasters take thriller over Bulls in extra innings

Story and photo by Randy Dela Cruz

Sports Editor

The 25th Air Support Operation Squadron (25 ASOS) Bushmasters dropped a 6-0 lead late in the game, but came back in extra innings to edge the 647th Civil Engineer Squadron (647 CES) Bulls, 9-8, on May 7, in a battle of Blue Division squads at Hickam Softball Complex, Joint Base Pearl Harbor-Hickam.

Down 8-7 going into the bottom of the eighth inning, the Bushmasters tied the score with one out before Staff Sgt. Kevin Rosher ended the contest with a walk-off RBI single.

The Bushmasters improved their record to 2-2, while the Bulls are now two games in back of .500 with a 1-3 mark.

"Honestly, I was just waiting for my pitch," said Rosher about his clutch game-ending single. "I knew what I was looking for and I felt good. I had my right spacing in the box, and I knew that if I just took my time and swung on

a good ball I'd hit it.' Early in the game, it appeared that there would be no need for any extrainning heroics as the Bushmasters picked up

of Lt. Zac Penry to take a 6-0 lead going into the top of the sixth inning.

some timely hits and solid first run of the game with 2-0 advantage. pitching from the right arm an RBI single in the bottom of the second.

was followed by a single After both teams traded from teammate Staff Sgt. the team looked like it was scoreless frames in the Alex Kelly, which added first, Rosher drove in the another run for an early

A single tally in the third raised inning the The run-scoring knock Bushmasters' lead to 3-0, and after a scoreless fourth, about to put the game away by adding three more runs

and infield fly later, was about to be stranded on base until Penry smashed a clutch double to drive him home. The hit by Penry started a mini rally with two more

to its total in the fifth.

runs crossing the plate for a Penry, that the Bushmasters seemingly safe 6-0 lead with only two innings remaining to play. quiet at the plate for the

single and an infield-throwing error put runners at second and third with no outs in the top of the sixth. finally get his team on the

scoreboard, Airman 1st delivered a line shot both runners with a standup triple.

Airman 1st Class Kiefer Chamber, a walk put two men on, and then Airman ning side of a tough extra-1st Class Joshua Wyant got inning affair might be just a base hit to drive in run what the team needed to number four.

The Bulls completed pitcher Airman 1st Class for a 6-6 tie.

"I think it was just a be solid."

momentum thing," said Staff Sgt. Carlos Pena Bushmasters led off the inning with a Penry, who was on the single, but a strikeout mound during the Bulls' comeback. "They had a couple of walks there and they just picked up momentum.

Although the Bulls were able to pick up a run in the seventh and eighth innings, this was one game, said weren't going to let get away.

"Once they started hitting the ball, it got us excit-While the Bulls were ed," Penry stated. "Once we were able to break the first five innings, a leadoff momentum, we were able to slow them down.'

Penry also added that even though the game went to extra innings, he felt con-Seeing an opportunity to fident that his guys would get the job done.

"We're really good out on Class Ethan Chamber the field," he said. "These guys, when they're taking through the gap to drive in the field, we got some incredible fielders. I just had to put it where they could hit it.

Rosher said that while Palm singled to drive in getting the victory wasn't easy, coming out on the win-

move above the .500 mark. "This was a huge win their amazing rally with for us," Rosher said. "We just got to play together. Ryan Walters clubbing a Once we get that solidarity, double to drive in two runs that jelling that everybody talks about, I think we'll



Staff Sgt. Kevin Rosher, 25th Air Support Operation Squadron (25 ASOS) Bushmasters, drives a hit in a Blue Division intramural softball game against 647th Civil Engineer Squadron (647 CES) Bulls.



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The Ford Island Historical Tour is offered monthly.

Molokai Saint Damien Tour will be held from 8 a.m. to 3 p.m. May 11. This Information, Tickets & Travel tour visits the former leper colony in Kalaupapa and Kalawao, cared for by Saint Damien and Saint Marianne. Patrons should bring their own snacks, lunches and drinks and wear comfortable clothes and walking shoes. FMI: 448-2295.

Mother's Day Champagne Brunch will be held at 10 a.m. and 12:30 p.m. May 12 at Tradewinds Enlisted Club. A Sunday brunch buffet will be offered. Reservations are required. FMI: 448-2271.

Mother's Day Brunch at Hickam Officers' Club will be held May 12 on the lanai at 10 a.m. and 1 p.m. and in the dining room at 10:30 a.m. and 1:30 p.m. A Sunday brunch buffet will be offered. Wright Brothers Café will be closed. Reservations are required. FMI: 448-4608.

Moms Bowl Free from noon to 3 p.m. May 12 at Hickam Bowling Center and Naval Station Bowling Center. Mothers will receive up to two free games with a paying family member and will also receive a special gift. FMI: 448-9959 or 473-2574.

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Arts & Cratts Classes this week Class								
SESSION	DATES		D	DAY/TIME				
Sunsets and silhouettes (ages 3–5)	May	14	Tue	10–11 a.m.	\$15			
Beginning adult watercolor	May 14-June	18	Tue	6–8 p.m.	\$70			
Wheel throwing	May 15-June	19	Wed	6–8:30 p.m.	\$65			
Advanced adult watercolor	May 16-June	20	Thu	6–8 p.m.	\$70			
Wheel throwing	May 16-June	20	Thu	6–8:30 p.m.	\$65			
* Supplies additional for so	me classes.	Not	e: Informat	ion subject to ch	nange.			

Hickam Arts & Crafts Center • 448-9907

Lifeguarding Class will be held from 5 to 9 p.m. May 13-23 at Scott Pool for ages 15 years and older. The American Red Cross-certified lifeguard course includes all instruction, books, pocket mask and exams. Students must pass prerequisite of 300-meter swim and brick tow. FMI: 473-0394.

Paint and Sip will be held from 6:30 to 9 p.m. May 14 at J.R. Rockers. An experienced instructor will lead participants through the night's featured painting. Beverages and food will be available for purchase. Advanced registration is required by May 10. FMI: 448-2271.

Ford Island Historical Tour will be held from 8:30 to 10:30 a.m. May 15. Moku'ume'ume (Island of Strife) played a significant role in the "Day of Infamy" attack on Dec. 7, 1941. This ITT tour visits the often-overlooked historical battle sites on Ford Island. FMI: 448-2295.

Free Junior Golf Clinic will begin at 4 p.m. May 15 at Barbers Point Golf Course. Participants can learn the game of golf. FMI: 682-1911.

Free Golf Clinic will begin at noon May 16 at Navy-Marine Golf Course. Participants can receive tips for improvement. FMI: 471-0142.

Zumba by the Sea will be held from 6 to 7:30 p.m. May 17 at Foster Point Pavilion. FMI: 448-2214.



Free golf clinics help patrons improve their skills.

Outdoor activities signup deadlines this week

DATE/	TIME	COST	SIGNUP
May 18	7 a.m.	\$40	May 14
May 18	9 a.m.	\$30	May 14
May 18/19	9 a.m.	\$60	May 14
	May 18 May 18	May 18 9 a.m.	May 18 7 a.m. \$40 May 18 9 a.m. \$30

¹ Sign up with Outdoor Adventure Center (OAC) • 473-1198 ² Sign up with Outdoor Recreation (ODR) • 449-5215



Personal trainers will answer questions at the fitness fair.

JBPHH Fitness Center encourages patrons to stay healthy and active

The Joint Base Pearl Harbor-Hickam Fitness Center at Pearl Harbor will host a free fitness and wellness fair from 11 a.m. to 5 p.m. May 15. The event is sponsored by MWR as part of fitness month.

Patrons will be able to watch a fire truck pull competition, chat with community partners and sponsors, participate in mini workouts, take part in question and answer sessions with personal trainers, sample healthy snacks and learn ways to stay fit. Participants may enter ongoing drawings for prizes awarded throughout the event.

"With this event we are able to help our patrons learn how to live a healthier lifestyle and have fun doing it," said Tim Ziegler, manager of the fitness

For more information, call 471-2020 or 471-2019, and visit www.greatlifehawaii.com or facebook.com/ greatlifehawaii.

Treasures at super garage sale

Looking to find a unique item? Not wanting to spend too much? The Morale, Welfare and Recreation Super Garage Sale will be held from 8 a.m. to noon May 11 at Richardson Field (across from Aloha Stadium).

Parking is available at Rainbow Bay Marina, and overflow parking is available at Aloha Stadium for a minimal cost. Attendees can browse through clothes, household items, toys, sporting goods, handmade crafts and more at bargain prices.

"Our customers love the super garage sale. Whether they are selling or buying, it's a hit every time," said Lara Katine, special events director. The next super garage sale is scheduled for Aug. 3. For more information, call 473-0792.

ULTIMATE FRISBEE TOURNAMENT

Today is the last day to register for the Memorial Day Intramural Ultimate Frisbee Tournament. The tournament will be held May 24-27. The league is limited to commands from Joint Base Pearl Harbor-Hickam. Any additional active-duty members not belonging to a command team will come from a players' pool. FMI: 473-2494 or 473-2437.

ADULT AND CHILDREN'S SWIM LESSONS

Hickam Pool 2 will hold a variety of swim lessons beginning May 13. Classes are divided into four age groups: 6 months-3 years old, 3-4 years old, 5-16 years old, and 17 years and older. Register online. FMI: www.greatlifehawaii.com.

KAYAK FISHING

A kayak fishing excursion will be held at 7 a.m., May 18 at Hickam Harbor. The trip departs from Outdoor Recreation-Hickam Harbor. Transportation, kayak, fishing gear, bait and guides are provided. Previous kayaking experience is required for this excursion. The deadline for registration is May 14. FMI: 449-5215.

ARMED FORCES KIDS RUN

Registration has begun for the Armed Forces Kids Run. The run will begin at 8 a.m. May 18 at Earhart Field. This free event is open to ages 5-13 years old. FMI: www.americaskidsrun.org.

GLASS BOTTOM BOAT TOUR

A glass bottom boat tour of Kaneohe Bay will be held from 9:15 a.m. to noon May 18. The tour departs from Information, Tickets & Travel-Hickam. FMI: 448-2295

MWR NEWCOMERS LUNCH

A free Morale Welfare and Recreation (MWR) Newcomers Lunch will be held beginning at 11 a.m. May 21 at the Tradewinds Enlisted Club. This event features lunch, MWR information booths, sponsor tables and giveaways. This event is open to all military-affiliated personnel during their first six months of arrival. FMI: 473-0787.

PRESCHOOL STORY TIME

Preschool story time will be held from 9 to 10 a.m. May 22 at the Hickam Library. The theme will be pets for National Pet Week. FMI: 449-8299.

MILITARY APPRECIATION 5K RUN

A free Military Appreciation 5K run will start at 8 a.m. May 25 at Hickam Fitness Center. No registration is necessary. FMI: 448-2214.

MAY

NOW — Sam Choy's Island Style Seafood Grille & Hapa Bar at Hickam Harbor, 3465 Mamala Bay Drive, is holding a Military Appreciation Month event throughout May. During each visit, patrons will receive an entry ballot. No purchase is necessary. Prizes include three-day/two-night hotel vacations, dining gift certificates and tickets to a Waikiki show. FMI: Julia Tallman at jtallman@samchoysseafoodgrille.com.

TODAY — As a salute to the troops for Military Appreciation Month, Henry Kapono and Friends will perform in concert at 7:30 p.m. at the Hawaii Theatre, 1130 Bethel St., Honolulu. Visit the website or call to purchase tickets. FMI: www.hawaiitheatre.com or 528-0506.

TODAY — U.S. Air Force Pacific Band-Hawaii group "Hana Hou" will perform from noon to 1 p.m. at Tamarind Square, Honolulu. The event is free and open to the public. FMI: http://cochawaii.com/hawaiimilitaryappreciation month_new.asp.

11 — An open cockpit day will be held from 9 a.m. to 5 p.m. in hangar 79 at Pacific Aviation Museum Pearl Harbor. The event is free with paid admission. The event is an opportunity to climb into the cockpit of a historic aircraft and snap a photograph with a costumed pilot and aircrew. FMI: 441-1007 or PacificAviationMuseum.org.

14 — An engineering degree information session will be held from 4:30 to 5:30 p.m. in the Navy College building, room 105. A program description, requirements and matriculation agreements with engineering programs will be explained. FMI: 687-7081.

14 — The (Armed Forces Communications Electronics Association) AFCEA Hawaii monthly meeting will be held at Fort Shafter, Hale Ikena Club. Check-in time is 11 a.m. and the buffet is at 11:30 a.m. The topic is cyber security. RSVP by today at 4 p.m. FMI: www.afceahawaii.org or 441-8524 and 441-8565.

17, 18 — Pearl Harbor Navy Exchange (NEX), Naval Health Clinic Hawaii and Joint Base Pearl Harbor-Hickam will hold a family fun fitness Festival from 10 a.m. to 3 p.m. at the NEX mall. There will be mixed martial arts demonstrations, body fat analysis tests, wellness education displays, health product samples, over-the-counter medication counseling and poison prevention education by Tripler Army Medical Center and giveaways by vendors. This is a free event for all authorized patrons. FMI: 423-3287.

17 — The Community College of the Air Force graduation will be held at 9 a.m. at the Hickam Officers Club. The event is open to anyone with base access. FMI: Master Sgt. Brianna Hester at 449-8775 or Senior Master Sgt. Mike Vonahnen at 448-3013.



THE CROODS (PG) 3D

A prehistoric family are forced to flee their cave after it's destroyed by a disaster that threatens to change their lives forever in this animated adventure featuring the voices of Nicolas Cage and Emma Stone. As a protective caveman father leads his family out of harm's way, the clan crosses paths with a resourceful teen named Guy (voice of Ryan Reynolds), who offers to help them reach a distant land where they'll be safe from an impending catastrophe that will soon alter the entire world.

HICKAM MEMORIAL THEATER

TODAY 5/10

6:00 The Croods (PG) 3D

SATURDAY 5/11

2:00 G.I. JOE: Retaliation (PG13)

6:00 Studio Appreciation Advance Screening – Free Admission – Rated PG. Tickets available at your local Exchange Food Court. Seating open to non-ticket holders 30 minutes prior to showtime.

SUNDAY 5/12

2:00 The Croods (PG) 3D

SHARKEY THEATER is closed for renovations until June.

Some MWR facilities and services may be subject to change. For more information, visit the JBPHH website at www.cnic.navy.mil/pearlharbor-hickam or the Navy Region Hawaii website at www.cnic.navy.mil/hawaii.



Queen Emma stands alone in a studio.



Dora Moon (seated) with oldest daughter

May 20 program at joint base to highlight women in Hawaiian history

As part of Asian American and Pacific wright and novelist, and actor Wil Kahele. Islander Heritage Month, a Distinctive • "Yeiko Mizobe So: Immigrant Women Women in Hawaiian History Program will be held from 11:30 a.m. to 1:30 p.m. May 20 at Makai Recreation Center, Joint Base Pearl Harbor-Hickam (JBPHH). Makai Recreation Center is located at building 1859, McChord Street.

The event is open to military personnel, their spouses and the military's civilian workforce.

The brown bag (bring your own lunch) event is a professional development seminar, featuring leadership models from Hawaiian history. Hosting commands for the event are Navy Region Hawaii and JBPHH.

The seminar will feature opening comments from Air Force Col. Eva S. Jenkins, commander, 692nd Intelligence, Surveillance and Reconnaissance Group.

It will include discussions of: • Queen Kapiolani with presenter

Colette Higgins, professor of history, Kapiolani Community College.

• "Hawaiian Letter Writing Woman: Queen Emma." Presenters of the discussion will be Craig Howes, director, Center for Biographical Research, University of Hawaii at Manoa; Victoria Nalani Kneubuhl, play-

• "Yeiko Mizobe So: Immigrant Women's Tale of Turmoil." The presenter will be Kelli Y. Nakamura, history instructor, Kapiolani Community College.

• "Dora Moon and the Korean Women's Relief Society of WWII Hawaii." The presenter will be Julie Rancilio, assistant professor of history, Kapiolani Community

• "Embracing and celebrating Filipino heritage while in service to the nation." Presenters include Rear Adm. Raquel Bono, command surgeon, U.S. Pacific Command and Command Master Chief Marc F. Sibal, region command master chief, Navy Region Hawaii.

The program will also feature acknowledgements by Jamie Conway and announcement of a Women of World War II Hawaii program to be held Aug. 25 featuring 1941-1945 stories closely tied to Pearl Harbor and Hickam Field.

Email registration RSVPs should be sent to Guss.Alexander @navy.mil or forrest.lassiter@us.af.mil. For more information, call 488-4079 or 449-1701. Register online through May 19 at http://ow.ly/kSC0z.

Hickam Fitness Center hosts 5k for Military Appreciation Month

Emily McNulty

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation Marketing

More than 100 men, women and children participated in a free 5K run May 4 at Hickam Fitness Center. About half of those who showed up were running their first 5K at the center.

"Yes, this is my first 5K here. My friends have done them three times. They say it's a fun way to start your Saturday, so I decided to join in and will be back," said Kate Lang, a Navy spouse.

Hickam Fitness Center hosts one free 5K a month. The route is basically the same and awards are given out for first, second and third place for men and women.

"Free has it's advantages. Patrons can just show up and run and no who show up. We have one

said Tech Sgt. Pete Maselli from NCOIC fitness.

Roads are not closed off, but they do have a person at five spots along the the finish.

are welcome at the event, and participants can walk, jog or run.

"We have tons of little kids

registration is required," kid who beats all the grown men. His sister runs, too. We love our repeat runners," said Staff Sgt. Jacquelyn Gausemel, fitness specialist.

"This a fun, free 5K. We route and water stops at like to run together and the start, halfway and at have fun. Plus you can't beat the price," said Sandy Kids, strollers and pets Caswell, a Navy spouse running her first Hickam 5K with two of her friends.

The next 5K will be held at 8 a.m. May 25. Call 448-2214 for more information.



Combined military band plays Hale Koa



U.S. Navy photo by MC3 Dustin W. Sisco

Spectators watch the combined military band play "The Hounds of Spring," conducted by Army Chief Warrant Officer Lisa M. Guynn, during a miliary appreciation concert at the Hale Koa hotel in Honolulu. The combined-forces concert was held to highlight bands in the five military branches as well as kick off Military Appreciation Month.

Base gate closures announced for Honolulu Triathlon

The Center Drive, Makalapa and Halawa gates of Joint Base Pearl Harbor-Hickam will be closed to vehicle traffic from 6 to 8 a.m. May 19 during the bike portion of the Honolulu Triathlon. The gates will be closed to ensure the

safety of the cyclists and the public. Walk-in traffic will be allowed at the gates.

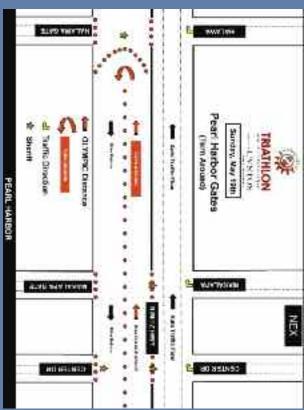
The start and finish for the event is at Ala Moana Beach Park, Magic Island. The first riders will start on the bike course around 6 a.m. and the last rider is expected to be off the course and back at Ala Moana Beach Park no later than 9:30 a.m. About 800 riders will do the Olympic distance of 24 miles which will take them past the three JBPHH gates. The entire Pearl Harbor side of the highway will be dedicated to the event.

GP Roadways, the Honolulu Police Department and the sheriff's department will secure the route. At 7:45 a.m. GP Roadways, escorted by HPD, will begin collapsing the course and opening the roadway to vehicle traffic at Halawa Gate. All riders not reaching this point will be turned around. The sheriff's department will secure the crossover intersections at the gates. Triathlon officials expect the roadway in front of the gates to be cleared and ready for the gates to open by 8 a.m.

For more information, visit the website www.honolulu







Events at JBPHH to celebrate Asian American and Pacific Islander Heritage Month

Upcoming events in May to celebrate Asian American and Pacific Islander Heritage Month at Joint Base Pearl Harbor-Hickam include:

- May 11, 9 a.m. to 2 p.m., informational booth to promote Asian-Pacific awareness at Pearl Harbor Navy
- May 13-18, Asian trio dish menu at Sam Choy's Island Style Seafood Grille.
- May 20, 11 a.m. to 1:30 p.m., professional development seminar at Makai Recreation Center, building 1859, McChord St. The topic of the seminar is leadership models from Hawaiian history, in cooperation with the distinctive women in Hawaiian history program. The event includes brown bag (bring your own) lunch.
- May 22, Asian cuisine at the Pearl Harbor dining facility.
- May 22, 11 a.m. to 1 p.m., multi-cultural taste fest at Makai Recreation Center.
- Asian Pacific exhibits will be displayed all month at the Hickam Library.
- For more information, call 2nd Lt. Gayleen Lim at 449-5151, email gayleen.lim.2@us.af.mil or email Tech Sgt. Lance Bautista at lance.bautista@us.af.mil.

Blood drive schedule

- May 14, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
- May 15, 17, 21 and 22, 9:30 a.m. to 1:30 p.m., 3rd Brigade, Schofield Barracks.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.